

RESOURCES

Our keynote, Rachel Simmons

- ❖ Rachel Simmons is a writer, educator and cofounder of national non profit Girls Leadership. Rachel teaches girls and women skills to build their resilience, amplify their voices, and own their courage so that they—and their relationships—live with integrity and health.

Bullying Prevention Programs

- ❖ Groundspark » The Respect For All Project facilitates the development of inclusive, bias-free schools and communities by providing media resources, support and ...training to youth, educators, and service providers . Available at www.groundspark.org
- ❖ Operation Respect: Don't Laugh At Me, founded by Peter Yarrow of the folk group Peter, Paul and Mary, the organization disseminates educational resources including the *Don't Laugh At Me* programs: one for grades 2-5, another for grades 6-8, and a third for summer camps and after-school programs. All the programs utilize inspiring music and video along with curriculum guides based on the conflict-resolution curricula developed by the Resolving Conflict Creatively Program of Educators for Social Responsibility. Available through: www.operationrespect.org
- ❖ PACER's National Bullying Prevention Center unites, engages and educates communities nationwide to address bullying through creative, relevant and interactive resources. PACER's bullying prevention resources are designed to benefit all students, including students with disabilities. PACER offers digital-based resources for parents, schools, teens and youth, including:
 - **PACER.org/Bullying**: This is the portal page for parents and educators to access bullying resources, which include educational toolkits, awareness toolkits, contest ideas, promotional products and more.
 - **PACERTeensAgainstBullying**: Created by and for teens, this website is a place for middle and high school students to find ways to address bullying, to take action, to be heard, and to own an important social cause.
 - **PACERKidsAgainstBullying**: A creative, innovative and educational website designed for elementary school students to learn about bullying prevention, engage in activities and be inspired to take action.
- ❖ The Committee for Children creates research-based social-emotional learning materials (like the **Second Step Curriculum** used in schools across the state) to help children succeed in school and in life. We are a nonprofit. And we're helping create a world in which children can grow up to be peaceful, kind, responsible citizens. Available at www.cfchildren.org
- ❖ The Human Rights Campaign's Welcoming Schools Program helps guide educators in learning how to end bullying and name-calling and to embrace family diversity to help create safe, inclusive schools. Available at www.welcoming-schools.org
- ❖ The Olweus Bullying Prevention Program, a multilevel, multicomponent program designed to reduce and prevent bully/victim problems among students at school. School staff is largely responsible for introducing and implementing the program. Available through www.clemson.edu/olweus
- ❖ The Ophelia Project exists to empower all members of a community to recognize and address relational aggression through systemic change in the social culture. The Ophelia Project offers communities mentor programs, original curriculum and presentations and training. Available at www.OpheliaProject.org
- ❖ Free Systems - A Comprehensive Bullying Prevention and Intervention Program, including curriculum, videos, books, posters, training. Available at www.bullyfree.com

ONLINE RESOURCES

www.stopbullying.gov – Information from various government agencies on how to prevent or stop bullying. There is a section especially for educators.

www.tolerance.org – Teaching tolerance - Teens Against Bullying offers engaging activities and strategies to combat bullying

www.bullyingawarenessweek.org/pdf/Bullying_Prevention_Strategies_in_Schools_Ken_Rigby.pdf

www.bullyinginfo.org

www.thebullyproject.com – Bully documentary film by Lee Hirsch/website provides information on ordering the movie and educational materials.

www.connectsafely.org – Has the FACEBOOK Parent Guide on this site.

www.cybersmartcurriculum.org/cyberbullying/NSBA

www.cyberbullying.org

www.cyberbullyhelp.com

www.cyberbullying.us

www.doe.mass.edu/bullying – The Massachusetts Department of Elementary and Secondary Education

www.fcsn.org – Federation for Children with Special Needs

www.inyahead.com.au/bookshop/the-bullying-intervention-toolkit

www.Itgetsbetter.org

www.MARCcenter.org – The Massachusetts Aggression Reduction Center

www.Massadvocates.org

www.nccjtriad.org/anytown/programs.php#humanrelationsdays

www.netfamilynews.org

www.netlingo.com

www.onguardonline.gov

www.preventbullying.worcesterschools.org – Worcester Public Schools

<https://www.rachelsimmons.com/learn/articles-and-girltips>

www.safeschools.info/bp_toolkit.pdf

www.staysafeonline.org

www.thatsnotcool.com

www.worcesterda.com – Worcester County District Attorney's Office

www.youtube.com/user/itgetsbetterproject

www.edutopia.org

www.nea.org